

# Fortrose Medical Practice

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### NEWSLETTER

#### Autumn 2007



Dear Patient

Welcome to our latest newsletter. As summer disappears (what summer?) and we enter autumn the practice has undergone and is undergoing various changes, which are referred to below:

#### **DR IAIN FORTH**

Dr. Iain Forth joined us on the 10 September and is consulting every day of the week with the exception of Thursday afternoons. I am sure you will all join the practice in wishing Iain a long and happy stay at Fortrose.

#### **NURSE ANN FOSTER**

Patients will be aware that over the past few months we have only offered nurse appointments Monday to Thursday. It was decided that we needed to extend this to include Fridays and we have therefore appointed a second nurse to work alongside Sister Joy MacGregor. Joy will reduce her working week to 3 days from early November and Ann will cover the other 2 days. A fully trained nurse with experience both in Scotland and England, she is also qualified in both Asthma and Diabetes Management. She joins us on 29 October.

#### **SMOKING CESSATION ADVICE**

You will all be aware of the Scottish Executives desire to further reduce the level of smokers in Scotland. In order to assist in this ambition one of the Health Care Assistants (Frances Hobson) is undergoing intense training on smoking cessation advice. This 15-week course will hopefully allow her to assist those who wish to give up smoking. GPs and the practice nurse are of course already qualified to assist in this area of health care and will be happy to help and advise.

## **PATIENT GIFT FUND – PURCHASE**

The practice has purchased a new treatment trolley for the Health Care Assistants, using money from the gift fund. This trolley increases the mobility of the HCAs to work in all rooms at the surgery at short notice. Our thanks go again to all donors to the gift fund.

## **WEAR IT PINK – 26 OCTOBER 2007**

As in previous years, the practice team will participate in ‘Wear it pink’ to raise money for the Breast Cancer Campaign. Staff have been encouraged to wear pink items on the day and the surgery will be decorated in pink. Pink ribbons will be available for a donation at front reception soon and your support is much appreciated. Let us hope that this year’s event is not ‘enhanced’ by a power cut as it was last year.

## **FLU VACCINES**

The practice understands that vaccines should start to be available by the end of September. As in previous years you will be notified in person if you qualify. Notices will also be posted both in the surgery and on our website [www.fortrosesurgery.co.uk](http://www.fortrosesurgery.co.uk) as soon as the vaccines become available. As in previous years, carers will also qualify and if you are unsure if you qualify, please speak to practice staff who are happy to advise. More information is available from InfoScotland either through our website (Health Links) or by visiting their website <http://www.infoscotland.com/infoscotland/120.1.41.html>

Philip Eley  
Practice Manager

20<sup>th</sup> September 2007

On behalf of  
The Practice Team  
Fortrose Medical Practice

